



## Supporting the Heart Foundation at Canberra Times Fun Run

**12 Sep 2010**

The 35th Canberra Times Fun Run lived up to its name when 6,000 Canberrans and locals took up the Lake Burley Griffin challenge on 12 September.

The annual event, which raises money for The Heart Foundation, saw a festival atmosphere over the finish line at Commonwealth Park. Stalls and activities kept people interested as well as a meet and greet with the Brumbies and team mascot Brumby Jack.

Along with the sweaty man in the horse suit was one of Abode The Apartment Hotel's brand new studio apartments set up on the grass for everyone to view. It was an unusual sight to see one of Abode's king size beds, arm chairs, desk and tables on the shores of Lake Burley Griffin, but Abode is known for doing things differently.

As a sponsor of the Fun Run, Abode's cheery staff happily showed off their outdoor apartment as they handed over free bottles of water to thirsty fun-runners.

Rob De Castella still holds the fastest time for the event at 29min 1sec (1990), but this year's winner Anthony Haber came close with 30min 9sec. The fastest female of the day was Emily Brichacek with 35min 6sec.

Canberra turned on a beautiful morning for the event and Abode was thrilled to be a part of it.